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Why Are Scissor Skills SO Important?

Build Fine Motor Strength

- Cutting allows a child to build up the little muscles in their hands with the open and close motion. These muscles are so important for writing, painting, and doing everyday things like a brushing your teeth, eating with utensils, and getting dressed.

Develop Eye-Hand Coordination

- Cutting requires kids to use their eyes and hands in unison to accomplish the cutting task. Eye-hand coordination is important for catching/throwing balls, eating with a spoon, and zipping a coat.

Increase Bilateral Coordination

- Cutting encourages your child to use both sides of the body at the same time while each hand is performing its own task. When cutting a shape, a child must hold the paper with one hand while the other hand is opening and closing the scissors and moving forward to cut. This is essential for tasks like zipping up a coat or pants, washing dishes, and opening an envelope.

Improve Focus and Attention

- Cutting out shapes takes concentration and attention to detail. Both skills are necessary for success not only in the classroom but in everyday life. The ability to sustain focus is essential to being able to read books, listen to instruction and complete many other classroom tasks.

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